

REACH YOUR PEAK - MT KILIMANJARO KIT LIST

GEAR LIST

- Top Base Layer
- Bottom Base Layer
- Underwear (4-5)
- Shirt, SS (3-4)
- Shirt, LS (1-2)
- Hiking Trousers, (1-2)
- Trekking Pants, Insulated
- Fleece Jacket (Polartec)
- Winter Jacket (Insulated)
- Shell Jacket

OTHER ITEMS

- Headlamp w/Extra Batteries
- Water Bottles & Camelbak (3 ltrs)
- Sunglasses
- Camera
- Watch
- Playing Cards
- Hand Warmers
- Pocket Knife
- Notebook & Pen
- Snacks

DOCUMENTS

- Passport
- Passport Pictures (OPTIONAL)
- Travel Insurance
- Cash & Bank Cards
- Waterproof Pouch
- Flight Tickets

CLOTHING

- Quick Dry T-Shirts
- Underwear
- Hiking Trouser (Not Cotton)
- Fleece
- Waterproof Jacket (Taped Seams)
- Waterproof Pants (Taped Seams)
- Down Jacket, Insulated
- Thermal Socks
- Mittens/Gloves
- Waterproof Liner Gloves
- Hiking Socks
- Liner Socks
- Hiking Boots (Broken In)
- Extra Laces
- Camp Shoes
- Sun Hat
- Power Bank

SLEEPING & OTHER EQUIPMENT

- Sleeping Bag (-10C/14F)
- Sleeping Bag Liner
- Compression Stuff Sack
- Sleeping Pad
- Day Pack (20-30 Ltr) w/Cover
- Large Duffel (60-70 Ltr) w/Lock
- Suitcase w/Lock

TOILETRY & MEDICINE

- Toothbrush & Toothpaste
- Quick Dry Washcloth & Soap
- Toilet Paper Tissue
- Sun-Block (High SPF)
- Lip Balm (High SPF)
- Moisturizing Lotion
- Wet Wipes
- Blister Kit
- Tweezers
- Nail Clippers
- Deodorant
- Hair Brush/Comb
- Sanitary Products
- Anti-Chafing Cream
- Antiseptic
- Pain Killers (Ibuprofen)
- Decongestant
- High Altitude Medication (Consult Doctor)
- Anti-Diarrhea Medicine
- Malaria Pills (Consult Doctor)
- Cold/Flu Medicine
- Rehydration Packets
- Throat Lozenges
- Eye Drops (If Applicable)
- Ear Plugs
- Waterproof Bags
- Prescription Medication
- Mosquito Repellant